Weaving Together Tradition, Culture and Education for Seven Generations of Resilience and Hope

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In Partnership with the Washington State Department of Early Learning and Washington State Department of Health
WEAVING TOGETHER TRADITION, CULTURE AND EDUCATION FOR SEVEN GENERATIONS OF RESILIENCE AND HOPE
The American Indian Health Commission was established in 1994

A trusted Indian organization and considered a best practice model in State-Tribal relations by Tribal and State leaders

Provides a central point for 29 Federally-recognized Tribes and two Urban Indian Health Programs (UIHPs) to advocate with the state and other governmental and non-profit organizations to identify, prioritize, voice, and act on Indian health issues

American Indian Health Care Delivery Plan, biennial

Healthy Communities: Maternal Infant Health Strategic Plan, 2010

Website: WWW.AIHC-WA.COM
AIHC Mission: Improve the Overall Health of Indian People of WA State

Strategy: Advocacy, Policy and Programs to Advance Best Practices

Tribal and Urban Indian Healthy Communities

Maternal Infant Health Strategic Plan

In Partnership with WA State Departments of Health, Early Learning and the Health Care Authority

Health Risk Factors
Health Disparities
Adverse Childhood Experiences
Historical and Intergenerational Trauma

Leadership
Engagement

Tribally and Urban Indian Driven
Culturally Appropriate and Community Specific

Healthy Communities
Maternal Infant Health
Home Visiting
Women, Infant, Children (WIC)
Pregnancy Risk Assessment Monitoring System (PRAMS)
Commercial Tobacco and Youth Marijuana Prevention
Healthy Eating/Active Living
Youth Suicide Prevention
Public Health Emergency Preparedness

DATA

Improve health status for AI/AN pregnant women and infants for seven generations

- Established a MIH workgroup to
  - Research cause of poor health status and birth outcomes
  - Identify promising practice models
American Indian Health Commission
Maternal Infant Early Childhood Health and Home Visiting

Seven Generations

Tribal-Urban Indian Driven Agenda

Vision: All Native Children Live Happy, Healthy Lives for Generations to Come.

Mission: To promote the health and well-being of Native American families and children through culturally appropriate home visitation services.

Guiding Principle: Demonstrate honor and respect of cultural differences and commonalities.
Goals Established:

1. Improve the health status of AI/AN pregnant women and infants (AIHC Maternal Infant Health Strategic Plan 2010).
2. Identify status of Home Visiting services for moms and children.
3. Identify local intervention strategies and promising practices.
4. Identify gaps and barriers in services and adaptations to current evidence-based models.
5. Support culturally appropriate parent education activities.
6. Provide recommendations for developing and expanding quality or capacity of HV.
7. Identify development priorities, funding, and leveraging opportunities.
8. Establish support HV efforts in Tribal and Urban Indian communities.
9. Support health prevention activities.
10. Collaborate, prioritize, voice and act on Indian health issues (AIHC).
11. Serve as a national model for State-Tribal collaboration on Tribal/Urban MIECHV policy and program development.
Learning along the way

- Building trusting environments
- Raise awareness about Adverse Childhood Experience study and the connection to Historical Intergenerational
- Importance of understanding community readiness (this takes time, unique experience in tribal communities) and what it takes to make changes in community understanding and norms
- Use of strength-based strategies to enhance cultural resiliency
- Value of CHRs/CHWs serving as home visitors (community acceptance, effective structure already in place, CHRs-primary caring for elder needs)
Cultural Appropriate Strategies

- Traditional parenting/role models
- Positive Indian Parenting
- Auntie/Grandma approach (Uncles and Grandpas)
- Traditional and cultural activities
- Trusted natural helpers/trusting environments
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2016 Recommended Activities

- Collaborate to support culturally appropriate home visiting.
- Ensure culturally appropriate Tribal-Urban Indian Home Visiting is incorporated in planning at state and regional level.
- Provide training, sharing information and networking through T-U Home Visiting Coalition.
- Provide training opportunities to increase knowledge regarding resiliency to Historical and Intergeneration Trauma and strategies to address Adverse Childhood Experiences, including NEAR.
- Strengthen linkages between maternal infant health programs and healthy communities work.
- Convene 1-day Maternal Infant Early Childhood Health and Home Visiting summit with focus on Pregnancy and Substance abuse.
- Provide TA to Tribal Home Visiting Demonstration Project.
Where we go from here?
2016-17 Activities

- Provide training: NEAR: Resiliency to Historical and Intergenerational Trauma and ACEs and Strengthening Native Families.
- Support and technical assistance to Colville demonstrate project.
- Plan One-Day Summit or partner with others joint summit.
American Indian Health Commission
Maternal Infant Early Childhood Health and Home Visiting

Please join the Tribal and Urban Indian Home Visiting Coalition.

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